

SHIRLEY S. HA HBSc, OD, FOVDR, FNORA

The Need for Multisensory



Empower Your Vision, Enhance Your Life



In a world where sensory overload and developmental challenges are increasingly common, many individuals struggle with balance, coordination, focus, and emotional regulation. This can be particularly challenging for:

- O Children with developmental delays, autism, or sensory processing issues.
- Adults recovering from traumatic brain injuries or managing vestibular dysfunctions.
- S Individuals facing anxiety, PTSD, or challenges with concentration and coordination.

Research has shown that multisensory integration combining visual, vestibular, and auditory stimuli can significantly improve neural plasticity, balance, and sensory processing. By addressing these interconnected systems, individuals can develop better coordination, focus, and overall well-being.



The Pinnacle Multisensory Chair and Program

The Pinnacle Multisensory Chair is a state-of-the-art therapeutic tool designed to promote sensory integration. It combines light, motion, and sound to engage the brain and body in a way that fosters optimal neural function.

Key Features of the Chair

- A **"zero-gravity experience"** that reduces the impact of gravity and promotes relaxation.
 - Semi-gyroscopic motion to stimulate the vestibular system for improved balance and spatial awareness.
 - Noise-canceling headphones delivering carefully curated soundscapes to enhance auditory processing.

The Multisensory Program integrates the Pinnacle Chair into a structured, 30-day process to support individuals in achieving cognitive, emotional, and physical goals. This program is particularly effective for:

📀 Autism

- ADD/ADHD
- 🕤 Trauma/PTSD
- Developmental Delays
- Anxiety and Depression
- Acquired Brain Injury
- Behavioural Problems
- Balance / Coordination Problems
- Sensory Integration Disorders

The Multisensory Program in Action 🛛



Patients attend one-hour sessions at the clinic for 12 consecutive days. Each session engages the visual, vestibular, and auditory systems through light, motion, and sound stimuli.

+ Phase 2: At-Home Integration

For the next 18 days, patients use light therapy at home for 20 minutes each morning and evening. Depending on their goals, some patients may also return to the clinic 1-2 times per week for additional therapy.

+ Phase 3: Follow-Up and Long-Term Care

After completing the 30-day program, patients return for a follow-up appointment. This session reviews progress, establishes an ongoing care plan, and ensures long-term benefits, which often peak around three months and continue for up to 18 months.

How the Chair Stimulates Each System

- Visual System: Specialized light sequences balance the sympathetic and parasympathetic nervous systems.
- Vestibular System: Semi-gyroscopic motion supports balance and spatial awareness by realigning crystals in the inner ear.
- Auditory System: Curated soundscapes enhance auditory processing and stimulate core postural muscles for upright alertness.
- Proprioceptive System: Gentle dynamic input activates neuromuscular pathways, refining body awareness, coordination, and postural control by integrating peripheral sensory feedback with central processing.

The Potential Impact

Imagine a world where individuals struggling with sensory integration can experience:

- + Enhanced focus and academic performance.
- + Greater emotional regulation and social interaction.
- + Improved coordination, balance, and motor skills.
- + Long-term independence and resilience in daily life.

Take the First Step

Join the growing community of individuals benefiting from the Pinnacle Multisensory Program. Unlock your potential for better sensory integration, improved balance, and enhanced emotional well-being.

Contact us today to schedule a consultation and begin your journey toward a healthier, more fulfilling life.

Why the Program Works

Pinnacle Chair
Success Stories!

- "My daughter had severe anxiety about new situations. She needed to have lots of information in advance and be aware of the schedule of events. Now she is able to go to dance class by herself with confidence. She also remains calm if plans change at the last minute."
 Parent of 6 year old girl
- "My sensory-related migraines have pretty much disappeared. I feel much more comfortable in bright sunlight and noise seems less harsh."
 ~ Female patient, 36 years old
- "I began therapy because my ADD was getting the best of me while I was in class. Now I can easily pay attention in class and understand what the professor is talking about."
 Male, 21 years old

FAQs

Common Questions Answered

Q: Is this program suitable for both children and adults?

Yes! The Pinnacle Multisensory Program is designed to benefit individuals of all ages.

Q: When will I see results?

Results build gradually, peaking around 3 months, with progress continuing beyond 18 months.

Q: Can the program address specific conditions like autism or trauma?

Absolutely. The program is tailored to meet the unique needs of each participant, whether developmental, cognitive, or emotional.

Q: What happens after the 30-day program?

Participants receive ongoing support and a personalized care plan if needed to sustain and enhance progress.

This program is built upon decades of research in sensory integration and neural plasticity. Studies highlight the effectiveness of multisensory integration and vestibular therapies in improving balance, spatial awareness, and sensory processing. Healthcare professionals trust the Pinnacle Multisensory Program to complement traditional therapies and deliver meaningful results.

By engaging the body's sensory systems in a harmonious and structured way, the Pinnacle Multisensory Chair and Program offer a transformative approach to achieving lasting improvements in focus, coordination, and well-being.

